

Peter Weiss, MA, LMHC
Seattle Child Therapy, LLC
511 28th Ave E
Seattle, WA 98112
206-245-9975

Gametalk: A Social Skills Group

Agreement for Services

Please read the following for information about the group process and our policies. After you have read this document in its entirety, please fill out pages 2 & 3 and give to your group leaders – thank you.

Overview: Gametalk is a social skills group/club for teens looking for support in areas of social development. The goal of this group is to create a safe, structured, and motivating milieu for teens to practice pro-social skills, participate in stimulating and fun socialization, and meet other kids with similar interests.

Methods: We have found that when working with adolescent populations in the area of developing social skills, providing motivating activity as the foundation of the group has proven successful in getting teens to engage in the group process. Gametalk uses stimulating board games as this “motivating activity”. Our teens have confirmed for us that they enjoy the games, and can also tolerate incidental instruction from group leaders in the midst of game play.

Tone & Target:

We have developed two areas of focused learning which we call "Tone and Target". Our overall Tone for the group is to help foster "Being Nice" and "Being Empathetic". We have attempted to simplify our social skills goals to these two areas, and we think that if we can support kids working on these two goals that they will come a long way towards greater social success. "Be Nice & Be Empathetic" is talked about briefly at each group before sharing one of eight Target areas. Each group has a specific Target for which we focus on in that particular group.

Here are the Targets we work on:

1. Handling frustration/anger management (i.e. how to step away and breathe)
2. Sharing (how to share your interests while keeping the interest of the person who is listening)
3. Listening
4. Being OK with *not* knowing things
5. Being compassionate (working on being empathetic towards others suffering)
6. Trying new things (ie being open to playing new games)
7. Learning to Compromise
8. Giving and Receiving feedback

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Group Leaders: Our group leaders are experienced professionals – usually Master’s level or higher - who work in areas of special education and/or mental health counseling. We choose group leaders who can not only support steady development of pro-social skills in ways that teens can receive instruction best, but who also have a natural ability to connect with and enjoy adolescents with a wide range of qualities.

Length: Gametalk lasts for twelve, weekly, 1 hour & 45 min. sessions. Most of our kids return for multiple sessions as these skills take time to learn.

Time: Group sessions are 1 hour and 45 minutes in length. The group starts at 5:30pm and ends at 7:15pm. At times, we will need to cancel our sessions due to emergencies, illness, holidays, or time off. We will give you as much advanced notice as possible if we need to cancel.

Intake: Group leaders will schedule a 1-hour intake with you to determine whether or not the group is a good match with your child. The intake also serves a dual-purpose of providing an opportunity for staff to answer any questions you may have about the group. The intake fee is \$100 and should be paid at the beginning of the intake.

Fees & Payment: A 12-week session is \$575 and is paid at the beginning of the 12 weeks. The intake fee is \$100. Financial assistance may possibly be arranged and will be agreed upon before the beginning of group.

I hereby agree to all terms listed in this document, including the fee amount and frequency of payment.

Parent/Guardian: _____ Date: _____

Parent/Guardian: _____ Date: _____

Peter Weiss: _____ Date: _____

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Contact Information

Participant Name: _____

Participant Date of Birth: _____

Parent/Guardian Name (s): _____

Parent/Guardian Name(s): _____

Home Phone: _____

Cell Phone: _____

Work Phone: _____

Email: _____

Address: _____
